



The Verb “To Be”

This verb describes the “state” of something or someone or something that is a fact.

PRESENT TENSE	PAST TENSE
I am	I was
You are (singular, referring to yourself)	You were (singular, referring to yourself)
He is	He was
She is	She was
It is	It was
We are	We were
You are (plural, referring to a group)	You were (plural, referring to a group)
They are	They were

Examples

I **am** a woman. I **was** born in Trinidad.

You **are** in class. You **were** at home yesterday.

He **is** forty years old. He **was** ten years old when he moved.

She **is** a teacher. She **was** late for work.

It **is** warm outside. It **was** cloudy yesterday.

We **are** learning English. We **were** shopping yesterday.

You **are** all students. You **were** told about this class.

They **are** busy. They **were** talking about you.

Forms of “to be” are used to create other tenses.

Present Continuous = Present tense form of “to be” + verb + ing



I am cooking dinner.

Past Continuous = Past tense form of “to be” + verb + ing

I was wondering where to go.